

# Obesity Masterclass

***Eli Lilly & Indian Medical Association Pune Branch  
Cordially Invite You To A Scientific Discussion on***

**Managing Obesity in Clinical Practice:  
Evidence-Based Approaches for Today's HCPs**



**26th April 2026, Sunday**  
09:30 AM - 01:15 PM



Hotel Shareton, Pune



**Scan the QR code  
and register!**

## Learning Objectives

**By the end of this CME, participants will be able to:**

- Understand the pathophysiology of obesity, including genetic, hormonal, behavioral, and environmental factors.
- Identify and assess obesity-related comorbidities in clinical practice.
- Apply evidence-based strategies for the management of obesity, including lifestyle interventions, pharmacotherapy, and surgical options.
- Employ effective communication techniques for patient counselling, including motivational interviewing.
- Critically analyze real-world case studies to improved decision-making in obesity management.

# Speakers

## Panelists



**Dr. Charushila Dhole**



**Dr. Manu Chopra**



**Dr. Mohan Magdum**



**Dr. Nitin Patki**



**Dr. Reema Kashiva**



**Dr. Sandeep Kumar**



**Dr. Sanjay Gandhi**



**Dr. Shashank Shah**



**Dr. Swati Goray**



**Dr. Yashpal Gogate**

# Agenda

Time	Topic	Speakers
9:30 AM - 9:35 AM	Welcome and introduction	Lilly Medical
9:35 AM - 9:45 AM	Quiz	Lilly Medical
Session 1: Obesity in Motion		Moderated by Dr. Sanjay Gandhi
9:45 AM - 10:15 AM	Redefining Obesity Care in India: Guidelines, Diagnosis, and Management	Dr. Swati Goray
10:15 AM - 10:45 AM	Understanding How We Eat, Move and & Behave	Dr. Yashpal Gogate
10:45 AM - 11:00 AM	Question and Answer	ALL
Session 2: Obesity Clinical Quick Fire		Session Lead: Dr. Charushila Dhole
11:00 AM - 11:15 AM	Obesity and T2D	Dr. Mohan Magdum
11:15 AM - 11:30 AM	Obeisty and MASLD	Dr. Sandeep Kumar
11:30 AM - 11:45 AM	Obesity and CVD	Dr. Nitin Patki
11:45 AM - 12:00 PM	Obeisty and Women Health	Dr. Reema Kashiva
12:00 PM - 12:15 PM	Obesity and OSA	Dr. Manu Chopra
12:15 PM - 12:30 PM	Panel Discussion	ALL
Session 3: Obesity Clinical Context		Session Lead: Dr. Yashpal Gogate
12:30 PM - 01:00 PM	What! Who! How! In Obesity: Frequently Asked Questions	Dr. Shashank Shah
01:00 PM - 01:10 PM	Post CME Quiz	Lilly Medical
01:10 PM - 01:15 PM	Conclusion	Lilly Medical

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